Parental Resilience | Caregiver Social Connections | Social and Emotional Competence of Children and Youth | Concrete Support in Time of Need | Knowledge of Parenting and Child Development

EVENTS

Parental Resilience

11. ICE-related Fear & Isolation

ICE-Related Fear & Isolation

Government Funding Cuts in Schools, Healthcare, & Other Benefits Cause Stress & Fear

Economic Downturn and Impact of Financial Stability and Well Being of Parents

Social and Emotional Competence of Children and Youth

Real Time Access to Mental Health Care

Youth-Led Mental Well-Being Efforts Have Positive Effects

Substances are Readily Available

Concrete Support in Time of Need

Influx of New Mental Health Dollars

13. Leverage New Mental Health Funding

Some Schools & Services Have Closed

Reduction in Funds for Mental Health Programs

Knowledge of Parenting and Child Development

Adults Not Listening to Youth

PATTERNS

Parental Resilience

Family & Caregivers Are Lost on How to Get Help for Their Kids/Teens

12. Maternal Mental & Physical Health

Increasing Focus on Maternal Health

Family & Caregiver Trauma Harms the Mental Well-Being of Youth

Changing Appreciation of Emotions in Our Society

Parents have Unaddressed ACEs

Deficit in Support for Parental Mental Health

Fear of the System

Caregiver Social Connections

3. Agency Coordination

Community Collaborations Are Increasing AND Baked into the DNA Across the County

Caregiver/Parent Support

Social Impacts of Crisis

Social and Emotional Competence of Children and Youth

Social Media Can be Beneficial, but It's Also Dangerous

5. Peer Support Programs

Peer Support is Expressly Wanted

2. Youth Led & Empowered Experience

Youth Empowerment Drives Positive Purpose

Culture-Centered Care is Better

Youth are Destigmatizing Mental Health

Expanding and Evolving "Who" Provides Mental Health

More Mental Health Options in Our Schools than Ever Before

LGBTQIA+ & BIPOC Youth Are Suffering More

Media is a Mixed Bag

Collective Action is Rooted in Our History

The Negative Effects of Politics on Youth Mental Well-Being

Youth Mental Health Stats Are Getting Worse

Violence & Disaster Trauma are Increasing

Concrete Support in Time of Need

Decreasing and Precarious Funding Degrades Youth Mental Health Services

Increasingly Overwhelmed Schools & Teachers Due to Youth Mental Health Challenges

7. Mental Health & Primary Care

Struggling to Get the Right Level of Care at the Right Time

Multicultural Approaches to Care & Support

Moral Injury and Burnout Endanger the Youth Mental Health System

Long Wait Times Discourage Care

Substance Use Disorders is Increasing & Behavioral Health Services are Not Integrated

10. Mobil Crisis Teams

No Crisis? No Care.

Increasing Cost of Living

Knowledge of Parenting and Child Development

8. ACE Awareness & Screening

ACEs and Other MH Screenings are Improving

Youth Mental Health is Becoming More Inclusive

Fear & Lack of Knowledge on Accessing Youth Mental Health Service

Lack of Awareness and Access to Parent ED Classes

Care Giving Styles are Influencing Child Development

STRUCTURES

Parental Resilience

4. Resource Navigation & Awareness

County Has a Lot of Parent Support Services But Barriers Persist to Awareness & Access to Them

Caregiver Social Connections

Community-Based Mental Well-Being Events

Economic Constraints Cause Instability

Wrap Around Programs + Services Are Needed

Social and Emotional Competence of Children and Youth

Social Media Is Not Designed to Improve Mental Well-Being

Youth Resources Mental Well-Being & Pathways

Concrete Support in Time of Need

Youth, Culturally-Specific Resources

Mental Well-Being Funding

1. School-Based Mental Health

Behavioral Health Hubs are Impactful

14. Alleviating Economic Barriers

Poverty & Low Wages Negatively Impact Family Well-Being

Timely & Coordinated Crisis Response

15. New Mental Health Medicaid Benefits

New Mental Health Medicaid Benefits

Tech-Enabled Mental Well-Being Access

Easy Access to Hotlines

Lack of Well-Being Metrics

9. Shared Youth Well-Being Data

Insurance Complexities

Place-Based Stressors

Structural Impediments in the Mental Health Care System

Knowledge of Parenting and Child Development

New Legislation to Support Mental Health

6. Prevention Mindset

MENTAL MODES

Parental Resilience

Morality Mindset

Colonizer Mindset

Caregiver Social Connections

Healthcare is Biased Mindset

Social and Emotional Competence of Children and Youth

Fear Mindset

Racism and Discrimination Mindset

Stigma Mindset

Hopelessness Mindset

Extrinsic Oriented Mindset

Concrete Support in Time of Need

Crisis Mindset

Expert Mindset

Toxic Mindset

Knowledge of Parenting and Child Development

Prevention Mindset

Control Mindset

Justice-Minded Youth Mindset

Western Medicine Mindset